



Walter Nash Centre

# Kōkako schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
For all age groups.				<b>Pepi Tioriori</b> 10am-10:45am  <b>Toi Ora Exercise Group</b> 11am-12noon		<b>Group Fitness</b> 8am-9am  <b>Pacific Fitness</b> Dance Fitness 10am-1pm	<b>Pacific Fitness</b> Dance Fitness 9am-11am
Taita Clubhouse. For young people ages 10-18.	<b>Taita Clubhouse</b> 3pm-7pm*	<b>Taita Clubhouse</b> 3pm-7pm*	<b>Taita Clubhouse</b> 3pm-7pm*	<b>Taita Clubhouse</b> 3pm-7pm*	<b>Taita Clubhouse</b> 3pm-7pm*		
For all age groups.	<b>Olympic Hopes Boxing Club</b> 7pm-9pm	<b>Olympic Hopes Boxing Club</b> 7pm-9pm	<b>He Toa Muay Thai Kickboxing</b> 7pm-9pm	<b>Inano Dance</b> 7pm -9pm	<b>Olympic Hopes Boxing Club</b> 7pm-9pm		

\* During school holidays Taita Clubhouse is open from 1pm-5pm Monday to Friday.





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## Taita Clubhouse

FREE. For young people 10-18 years who want to have fun with creative technology. Experiment with music, sound recording, animation, design, photography and video production.

Contact Bennett Pomana on 027 801 3293  
or [bennett.pomana@huttcity.govt.nz](mailto:bennett.pomana@huttcity.govt.nz)

[www.facebook.com/TaitaClubhouse](https://www.facebook.com/TaitaClubhouse)

## He Toa Muay Thai

Gear required: handwraps, gloves, mouth guard, shin pads.

\$25 a month or \$60 for 3 months

Contact Dan Stirling 021 185 1325

[www.facebook.com/HeToaMuayThai](https://www.facebook.com/HeToaMuayThai)

## Olympic Hopes Boxing Club Inc.

Gear required: bandages, mouth guard, gloves

\$20 per month

Contact Herbert Nelson 021 257 8169

[www.facebook.com/olympichopesboxing](https://www.facebook.com/olympichopesboxing)

## Pacifit Fitness and Inano Dance

Gear required: pareu or lavalava, water, sweat towel.

Instructor Tehau Winitana

Gold coin donation per class

Email: [winitana.tehau@gmail.com](mailto:winitana.tehau@gmail.com)

## Toi Ora Exercise Group

### Pepi Tiorori—Starting Team 3

FREE. Nau mai, haere mai, all welcome.

Contact Dina on 0272245824 or email [dina@huchs.org.nz](mailto:dina@huchs.org.nz)

In conjunction with Hutt Union & Community Health Service,  
Pomare Taita Community Trust, and Taiohi Morehu.